

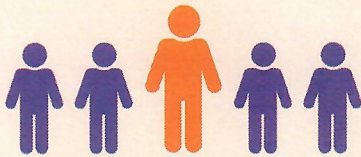
FREE MENTAL HEALTH ADULT FIRST AID TRAINING



UPCOMING VIRTUAL SESSION

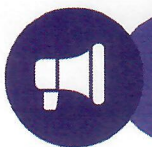
THURSDAY, JULY 9, 2026, 9AM – 3PM EST

Gain valuable skills to identify, understand, and respond to adult mental health and substance use challenges.



**Nearly 1 in 5 in the
U.S. lives with a
mental illness.**

Source: National Institute of Mental Health



**Limited spots available!
Dont miss out, secure your spot today!**



**REGISTER BY [CLICKING HERE](#),
OR SCAN THE QR CODE**



**For more information, contact:
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